



New Year, New Start.

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HELLO BEAUTIFUL...

The gorgeous little ebook, you are now reading, **New Year, New Start**, is my gift to you, for the new year!

A small gift of love, to ceremoniously say farewell to 2015, while you enjoy your favorite drink- sitting comfortably on your sofa- and welcome the fabulous new year, with intention.

Have Fun, Dream Big, Plan Courageously,

nichole

CELEBRATING

2015

Let's start by looking over to the past 12 months of your life, shall we?

Grab a glass of wine, put on some relaxing music and get ready to celebrate all your wonderful victories, learn something from every difficult moment you've been through and discover magnificent opportunities of growth for your new year!



THE YEAR IN REVIEW

This year has brought you blessings, victories and accomplishments, of all kinds, it also brought lessons and opportunities for change. **L**ets go back in time to remember all those moments that made 2015, the magical year that it was and get you ready to welcome 2016, with an open heart! **S**tart here by tooting your own horn and celebrating your victories!



2015 Happy Times

1. My top achievements...

2. I am most proud of...

3. I am so proud of the way I handled...

THE YEAR IN REVIEW

2015 Happy Times

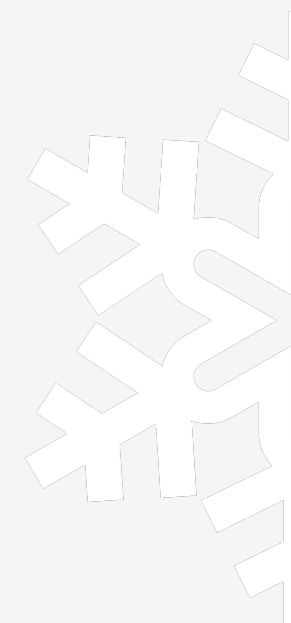
4. This is how I grew on a personal and professional level...

5. I discovered I am...

6. I am grateful for...

7. Having these people in my life has been a blessing...

8. The single most important thing I want to remember from 2015 is...



THE YEAR IN REVIEW

2015 Opportunities for Change

1. One thing I wanted to do this year but didn't was...

2. What got in my way was ...

3. The biggest mistake I made during 2015 was...

4. And what I learned from it was...

5. Next time this is what I am going to do, to avoid making the same mistake...



THE YEAR IN REVIEW

2015 Opportunities for Change

6. The most important thing I learned during 2015 was...

7. The biggest challenge I faced this year was...

8. The biggest risk I took this year was...



DESIGNING

2016

It's a new year! A fresh start, a chance to grow, to flourish, to make BIG, bold changes in your life and to dream! Take some time today to marvel at the possibilities the new year holds. Let your mind wonder, set your intentions for 2016 and let the magic begin!



VISION

Awesome, buttercup! **Y**ou have just finished reviewing your fabulous 2015 and are now ready to welcome 2016 gracefully and with clear intentions. **A**nd it is in your 2015 review, that you will find most of the answers regarding what you need to change, improve, have more of or less of, in 2016. **U**se the next pages of this workbook to plan your uber fantastic 2016. **H**ave fun!



2016 A Preview

1. My word for 2016 is... *{choose a word that expresses your soul's desire for 2016}*

2. This year I want to learn how to...

3. I also want to stop doing...

VISION

2016 A Preview

4. I will commit to doing more these 5 things during 2016...

5. This year I will not tolerate...

6. I will commit to accomplishing these 5 things during 2016...

7. This year I will take the risk of...



VISION

2016 A Preview

8. During 2016 I will spend more time with...

9. 2016 is the year... *{ex. I launch my business, I eat healthy etc}*

10. This is how I picture an ideal day for me, in 2016 *{describe your day from the moment you wake up till the moment you go back to bed}*...

11. In 2016, I deserve to be...



MY WISH FOR YOU...

MAY YOUR COMING YEAR BE FILLED WITH MAGIC
AND DREAMS AND GOOD MADNESS.

I HOPE YOU READ SOME FINE BOOKS AND KISS SOME-
ONE WHO THINKS YOU'RE WONDERFUL...

AND DON'T FORGET TO MAKE SOME ART -- WRITE OR
DRAW OR BUILD OR SING OR LIVE AS ONLY YOU CAN.

AND I HOPE, SOMEWHERE IN THE NEXT YEAR, YOU
SURPRISE YOURSELF.



NEXT STEP

DO YOU NEED HELP TRANSFORMING YOUR VISION INTO REALITY?

Check out Inspired for Life, a life coaching package, just for you:

<http://www.take-ten.com/inspired-for-life-pack.html>

Contact me:

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More Freebies

<http://www.take-ten.com/freebies.html>

More Inspiration

<http://www.take-ten.com/self-development.html>