INSPIRED FOR LIFE

THE BILLIONAIRE GAME



TONY DELISO

Lets play a game. A really fun game, shall we?

For this exercise you need to take some time, away from distractions, ideally outside your house or office, in a place that makes you feel relaxed, like your local Starbucks cafe or your favourite brunch place.

You will need about an hour of your time, this play-sheet and a pen, oh and a lot of imagination.

The game only has two rules.

Rule number 1 is that whatever you put down on paper, needs to be something you want to have, be or do. You. Not your spouse, not your mom, not your boss. You. Nothing gets on the list, unless you want it for yourself. Period.

and...

Rule number 2 is that there are no limits to what you can put on your list. Really. Money is not an issue for you anymore, love. You can have, be and do, anything that makes your heart sing and money can buy. Anything. So, don't try to be realistic or limit your self in any way. Fun times!



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GRAB A PEN AND WRITE DOWN 100 THINGS YOU WANT TO BE, DO OR HAVE IN YOUR LIFE. LET YOUR MIND WANDER AND DON'T WORRY ABOUT HOW YOU'RE GOING TO MAKE IT HAPPEN.

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IF YOU FEEL STUCK OR TOTALLY UNINSPIRED, LISTEN TO SOME MUSIC, POUR YOURSELF A CUP OF TEA OR A GLASS OF WINE, TAKE A WALK OR DANCE FOR A FEW MINUTES, THEN COME BACK AND CONTINUE.

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WOOHOO! LOOK AT YOU. YOU ALREADY HAVE 50 THINGS YOU WOULD LIKE TO BE, DO OR HAVE IN THIS LIFETIME. THIS IS POWERFUL INFORMATION SISTER. KEEP AT IT.

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NEED MORE INSPIRATION? GO TO PINTEREST AND SEARCH FOR "BUCKET LIST" OR "BILLIONAIRE LIFESTYLE" BOARDS. GET INSPIRED AND COME BACK.

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DREAM BIG. WHEN YOUR LIFE IS AT ITS HIGHEST LEVEL OF FULFILLMENT, WHAT DO YOU SEE YOURSELF DOING, HAVING OR BEING?

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HOW GOOD DOES THAT FEEL? THIS LIST IS LIKE A BIG MAGNET PULLING YOU IN THE RIGHT DIRECTION, EMPOWERING YOU TO TAKE INSPIRED ACTION. I AM SO EXCITED FOR YOU!

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DO NOT SKIP THIS STEP. KNOWING THE FEELING BEHIND EACH DESIRE IS A MUST.

Final step. Review your list and select 5 things you would like to be, do or have, during the next 12 months. Write them down here.

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For each item, ask yourself "Why am I willing to spend money on getting this? What feeling am I hoping to get?"

Example: I want to be debt free.

"Why do I want to be debt free? How will I feel then?"

"I wan to be debt free, to feel more secure and peaceful."

Now that you know what the emotional payout from being debt free is, for you, you can focus on creating the feeling of security and peace in your life, in various ways.



TIME TO PLAN. PLAN. PLAN.

By now you have a list of 5 items and the feelings behind them.

For each feeling, ask yourself this question.

"What could I do to bring more of this feeling, into my life, by the end of this day, week, month or year?

Write down your answers and then transfer them into your Planners.

Woohoo! Now, fasten your seat belt and get ready for a fabulous ride!